

# THE STELLAR

# RAY

THE NEWEST THOUGHT MAGAZINE  
IN THE LINE OF PROGRESS



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# THE STELLAR RAY

A MAGAZINE FOR THINKERS

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HENRY CLAY HODGES, Editor and Publisher.  
MRS. EMMA HODGES WILLIAMSON, Assistant Editor.

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# Editorial Department

## *The Awakening of the Soul.*

HENRY CLAY HODGES.

The many stages through which the soul passes as regards growth and development are often unnoticed by the individual as they seem to be lived in some unfathomed deep of his nature and he may not be conscious of the change until an incident or circumstance in his outer life reveals it to him, and the veriest every day trifle may be sufficient to pierce the veil and transfer to the lower mind that more complete and full consciousness which has been slowly built through many ages.

It may sometimes occur that the individual is called upon to choose between some trifling enjoyment and some equally small act of duty. The pleasure insists as it has so often insisted before, but the individual hesitates until suddenly there arises in him a vivid consciousness, a sense of imperious self-control in almost ludicrous contrast to the magnitude of the decision it enforces, and this constitutes the awakening of the soul. True, this does not cover the experience in all cases, but it is an instance.

Then again it will be found that quite frequently it will be by the way of the emotions that this sudden awakening will take place. Those whose emotions are strong and are easily moved by their environments would come to a realization of self-enlightenment more quickly and respond to the call.

This awakening may come through emotion caused by the profound and silent depths stirred by the advent of a great joy, or through the sacred touch of a great sorrow, or the sense of melting pity moved by the sight of stricken age or the mysterious tenderness felt at the birth of a babe, and while the circumstance may be nothing, the revelation is everything, for it is the advent of the larger, higher nature.

The little arc of earth life seems to have been extended in order to embrace its vast and hidden circuit, and the individual has,

so to speak, in a few moments, crossed an abyss of time and become in a measure separated from his past expression.

Having entered a wider realm of thought the old dominant idea that the interests of the many must be sacrificed to those of the unit, falls before the recognition that the welfare of the individual must subserve the progress of the race.

Energy will be thrown into those movements whose aim is to make pure the impurities that exist about him, and he seeks to beautify the conditions of earthly existence and to introduce freedom, health and happiness into the collective national life. It is through this awakened spirit that we may expect to realize a condition of peace and universal brotherhood on the physical plane of life whose influence extends on to the other planes of life where aid is essential in bringing the wandering soul which, steeped in the ignorance of undeveloped good, is seeking to find light, but seems lost in the dark night that surrounds him on all sides, the result of errors on the earth plane.

All these efforts on the part of the awakened individual imply a certain general practice of virtue on his part: there will even be a marked growth in the more lofty emotions of the soul, when his nature may open out to the exquisite perceptions of color and harmony.

It may see, where coarser eyes are blind, hidden beauties in the flower and forest, and may feel a more sacred joy in its friendships and a deeper sadness in its griefs than the ordinary individual, but no matter how moral the individual may have been, even though super-moral when compared to those about him, and no matter how wide the range of his sensibilities or how complex his emotions, some change must take place in the nature ere it can be said to be definitely leading the higher life, and that is the recognition of the purpose of being, and its accomplishment through devotion of service; merely a change in consciousness, an attitude of the

mind, but until this takes place there is no conscious, deliberate attempt to tread the path in the sense that is implied.

*Science and Key of Life.*

\* \* \*

### *An Uplifting Practice.*

Relax all tension of the body and anxiety of mind and breathe deep in a quiet, restful way, then send your thoughts out among your fellow beings thus:

*I send forth vibrations of Health to the sick ones of earth.* Repeat slowly and earnestly several times with deep sympathy for all languishing in pain or weakness.

*I send vibrations of peace and consolation to all sorrowing hearts.* Repeat slowly as above.

*I send forth vibrations of God-like abundance for the impoverished of earth.* Repeat slowly and emphatically, with heart-felt desire to meet their needs, and not one time shall it be uttered in vain.

Thought vibrations move the universe, and these thoughts are in harmony with those of the Infinite Goodness ever striving to manifest in human lives, and if all humanity united daily in this practice, sickness, poverty and sorrow would disappear from its midst.

\* \* \*

### *An End to All Poverty.*

Jacob H. Hollander, Professor of Economics of Johns Hopkins University, predicts that a day will come when poverty will be unknown; that it will be as obsolete as slavery.

He bases his opinion upon his historical studies and personal investigation of charitable methods in vogue today.

He claims that the modern world is wrong in believing that poverty is inevitable, just as the ancient world has been proved wrong in assuming that slavery was inevitable. "Even Plato in his vision of an ideal commonwealth included slavery."

He believes that future generations will look back on the poverty of our day in the same astonishment we feel in contemplating slavery.

That the philosophy of history points that way. The efforts to get at the cause

of poverty, the study of the matter in the right direction will lead to a solution of the whole problem, so that he believes the modern world will see the end of poverty.

\* \* \*

The STELLAR RAY endorses most heartily President Taft's movement for reciprocal trade with Canada and in view of the benefits which both countries will derive from this interchange of commodities, it seems strange that there should be any interposing objections to a movement which means so much good to the people of the two countries.

The editor has been a resident of Michigan for many years and has ever hoped and prayed to see the day when these international embargoes would be removed and the Dominion and the States would be permitted to interchange their commodities and travel to and from without the interposition of custom house officials.

\* \* \*

### *The Cover Illustration.*

The halftone on the front cover of this issue is a view of Griswold Street, the "Wall Street of Detroit."

The white six-story building in the center of this picture is the Hodges Building, so named in the year 1870, and is the home of the STELLAR RAY Magazine, which visits homes in all civilized countries of the world. This building overlooks Capital Park, a glimpse of which forms the foreground of the picture, and the cool splash of its fountains, the fragrance of flowers and the beauty of its verdure form one of the numerous similar places amid the desert of city blocks and pavements.

Capital Park is so named because it was formerly the site of the territorial capitol. The territorial and state legislatures continued to hold their sessions in this building until the capital of Michigan was removed to Lansing in 1848.

The editor of STELLAR RAY has watched the growth of Detroit since it contained a population of only 18,000, and it is now a hustling city of 500,000 people; one of the largest manufacturing centers in the world. It is also called a "city of homes"

and is acknowledged to be one of the most beautiful of the cities of the world.

All readers of the STELLAR RAY who happen to be in Detroit are invited to take the elevator and call at the editor's office, 409, where they will receive a cordial welcome.

\* \* \*

### *Some Curiosities of the Human Body.*

In the ancient world there were seven wonders. In the modern world there is but one—and that is the human body.

Regarded from a merely mechanical standpoint, the human body is so infinitely complex, so exquisitely responsive, so strangely perfect, that by comparison it dwarfs all other things known to man and stands alone as the one wonder of the modern world.

In all mechanics and architecture, in all the machines and inventions of man, there is not to be discovered one single device that is not found in the human body. The arch, the lever, the inclined plane; a pump, a grist mill, a camera, a stringed instrument; hinges, pulleys, ball and socket joints—all these and a score of other man-made inventions are merely crude copies of the same devices found in his own body. The lungs, through their 600,000,000 tiny openings, have a surface equal to the floor of a room forty feet square. The body contains two thousand miles of tubing, through which half a barrel of fluid is constantly pouring. The blood travels 168 miles a day. Truly we are "fearfully and wonderfully made."—*Health Culture.*

\* \* \*

### *The Cost of Disease.*

*From a Report of the U. S. National Conservation Commission Concerning the Financial Cost of Disease, and Governmental Endeavor to Lessen the Same.*

"Since the greatest of our national assets is the health and vigor of the American people, our efficiency must depend on national vitality even more than on the resources of the minerals, lands, forests and waters.

"The average length of human life is different countries varies from less than twenty-five to more than fifty years. This span of life is increasing wherever sani-

tary science and preventive medicine are applied. It may be greatly extended.

"Our annual mortality from tuberculosis is about 150,000. Stopping three-fourths of the loss of life from this cause, and from typhoid and other prevalent and preventable diseases, would increase our average length of life over fifteen years.

"There are constantly about 3,000,000 persons seriously ill in the United States, of whom 500,000 are consumptives. More than half this illness is preventable.

"If we count the value of each life lost at only 1,700 dollars, and reckon the average earning lost by illness at 700 dollars per year for grown men, we find that the economic gain from mitigation of preventable disease in the United States would exceed 1,500,000,000 dollars a year. In addition we would decrease suffering and increase happiness and contentment among the people. This gain, or the lengthening and strengthening of life which it measures, can be secured through medical investigation and practice, school and factory hygiene, restriction of labor by women and children, and the education of the people in both public and private hygiene."

\* \* \*

### *Health Hints.*

#### *Abdomen and Spine Exercises.*

We cannot urge too strongly the acquirement of a suitable system of exercises which will healthfully strengthen the muscles overlying the vital centers of the abdomen and spine. It is actually weakness and disuse of the muscles of these parts that leads to the vast majority of all our ills, says *Good Health*. Inactivity leads to sluggishness and congestion of the blood, which normally flows freely through these vital centres. All exercises which cause deepened respiration or breathing beneficially affect the internal organs, as do also, even more definitely, all movements which bend, extend, and twist the trunk in various directions. In bending, the vertebrae of the spine are moved and alternately stretched apart and forced together again, preventing adhesions, which lead to grave spinal disorders. Such exercises also lead to pressure upon or massage to the organs lying



within the pelvis, producing a healthy flow of blood to these important centers. An increased flow of blood always leads to a healthier working of a part.

*Tight Neck-Wear.*

There is not the slightest doubt that many a severe headache is due to wearing tight collar bands, but the effects may be even more serious in producing actually disordered health. A London physician cites the case of a patient of his own who suffered much from neuralgia in the neck and shoulders, together with enlargement of one knee from rheumatic gout. The woman's circumstances did not allow of her going for any course of treatment, but the doctor advised her to loosen her neck-band, and this was the sole alteration made in her mode of life. In a fortnight she was better, and after five weeks felt no more aches and pains.

*Benefits of Yawning.*

Dr. Emil Bunzl, of Vienna, Austria, in speaking of diseases of the throat and their remedies, said that yawning had its great value. Yawning has recently been recommended, independently, as a valuable exercise for the respiratory organs. "According to Dr. Naegli, of the University of Leuttich," said Dr. Bunzl, "yawning brings all the respiratory muscles of the chest and throat into action, and is, therefore, the best and most natural means of strengthening them. He advises everybody to yawn as deeply as possible, with arms outstretched, in order to change completely the air in the lungs and stimulate respiration. In many cases he has found the practice to relieve the difficulty in swallowing and disturbance of the sense of hearing that accompany catarrh of the throat. The patient is induced to yawn through suggestion."

*The Hot Sand Bag.*

Valuable as is the hot-water bag to relieve pain or improve the circulation, it is said that a hot sand bag is still better for this purpose. In regard to its use, a physician gives the following directions: "Get some clean, fine sand, and dry it thoroughly in a kettle on the stove; make a bag about eight inches square of flannel, fill it with the dry sand, sew the opening carefully together, and cover the bag with cotton or linen cloth. This will prevent

the sand from sifting out, and also enable you to heat the bag quickly by placing it in the oven or in the top of the stove. After once using this you will never again attempt to warm the feet or hands of a sick person with a bottle or a brick. The sand holds the heat for a long time, and the bag can be tucked up to the back without hurting the invalid."

*Health Record.*

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ARKANSAS CITY, KANSAS,  
January 15, 1911.

MR. HENRY C. HODGES,  
Editor STELLAR RAY.

Dear Sir: Wife and I have been taking your little magazine for the past three years; must say we are in love with it. It is taken in my wife's name. The magazine has just come. It is the 15th of the month. The first thing I want to look at is The Outlook for the Month, as given by the astrologer. I have become very much interested in watching the predictions, but the month is half gone before we get it. Now I am wondering if you could have them given from the 15th to the 15th of the next month so that we people who do not get the magazine will be accommodated as well as those who get it earlier. I for one would appreciate it if you could. Every article is read and enjoyed by us. It is doing a noble work helping to open the eyes and lifting the old fossils out of ruts they have been sleeping in so long.

Yours truly,

T. L. M.

*Stellar Ray will now reach its readers by the 1st of the month of issue.*

\*\*\*

Every pain that comes is for the purpose of calling the attention to the fact that a mistake has been made and must be righted if such pain is to be eradicated from the environment, and thus out of the so-called evils of the past may come present good.

By the very way trials and sufferings are accepted is it possible to make them stepping stones to the higher life, conferring power to teach, help and comfort others. Do not complain, but open eyes to the light and see, for the light is all about.—*Science and Key of Life.*

# The Gospel of the Woodpile

MADAME DU BOIS,

Mount Carmel, Conn.

Why not do physical culture stunts that will amount to something besides a mere expenditure of energy? Stout women with "hips" swing dumb-bells, run on place fifty times at a stretch, crawl around on the floor on all fours, reach, stretch, pull and haul, but produce nothing with that good, God-given energy. The writer asked a Yale student why he did not exercise for a certain ailment. He replied that he could not bring himself to use his energy for nothing; but if he could cut down some trees and saw them into firewood, and so produce something with his energy, he believed the exercise would do him good.

This article is not for the city dweller; but for the middle-aged housekeeper and home maker who lives in the country, who is getting stout, and who has hips that she is human enough to want to reduce, so that she will compare well with her city sister. She has no time for golf, tennis or long walks. Her day for the outdoor sports that kept her in good shape is past, and the change of her daily routine is telling on her figure.

Now, sister, if you burn wood, the woodpile is your stronghold! Of course the real work of preparing the wood for the stove and fireplace belongs to the man of the house or the hired man. I do not advocate it as a woman's work. Any woman who does all there is to be done for her family, and raises her babies properly, does her share of the world's work; but take to the woodpile for fun, for your daily recreation and physical culture exercise. Stand as far from the sawhorse as possible—reach—and saw without bearing down on the saw. Never mind the splitting—it is safer to leave the ax alone, if you cannot hit the mark any better than I can. But there is no danger in sawing a few sticks of wood each day.

As far as strength is concerned, any woman who can do the family washing,

and ironing is strong enough. In washing you exercise one-half of the upper part of you, unless you can use your left arm equally well, and those who can do this or think to do it are rare. The same with ironing. In your everyday cooking and dish washing, you must take short steps, and sometimes very careful ones, owing to the quantity of space and number of children playing about the floor. Housework under these conditions is the most fattening work there is. Usually, where there are little children there is a lack of fresh air, because many women are so afraid of draughts. The lungs are filled with the odors of a shut-up house, cooking and the fumes from the washing. Flesh is carbon, and one needs plenty of oxygen in order to dispose of unnecessary carbon.

If our bodies are sluggish with rubbish, the exercise of sawing wood will cause this effete matter to be expelled; if our minds are filled with the rubbish of weak, cowardly or unkind thoughts, the zeal of woodpile culture, which compels deep breathing, will clear the brain and heart. It causes perfect circulation of the blood, exercises more muscles than one can possibly exercise in ordinary housework, fills the lungs with oxygen, which purifies the blood and thus improves the complexion: not a mere rosy glow that comes at once from the unaccustomed exercise and soon fades away; but if persisted in, it is a real benefit to the complexion.

If you find it uninteresting work—dull and lonely sport—why make a study of the different kinds of wood, their different grains, colors and odors. It is a wonderful study. We have poplar, white, black and pin oak, hickory, chestnut, ironwood, dogwood, white and black ash, white, yellow and black birch, maple, buttonwood and butternut; and hemlock, spruce, pine and red cedar among the evergreens. Liv-



ing near the City of Elms, we have the elm tree, but I have never sawed any.

If you are not used to it do not attempt to saw very big logs with the bucksaw, but take hold of the handle end of the cross-cut saw and help the man, first using one hand and then the other, and thus develop both sides alike. I can do it. I feel like a woodpile artist, and am not recommending what I have never tried. I have proven all this to be true.

You will need to rest, relax and breathe deep between cuts; well, then, improve every minute by studying the outline of the bare trees while it is still winter. The oaks are vigorous picture-makers; their lines all convey the impression of strength and prosperity. The "sturdy oak," indeed! Lean against its trunk; think of its great powers of resistance; note the hard bark of it, and you will grow stronger yourself.

The dogwood is exquisite in its delicacy, though its form appears sturdy as it stands out against the winter sky. This common tree is beautiful always, from its first white blossoms to its glorious green; from its bright red fall leaves to its red berries

—on to its wonderful combination of symmetry and strength as it stands out bared to the wintry blasts, for which it gives one the impression of being especially prepared.

The shaggiest of the shagbark hickories, with its loose bark and its branches full of "curves and angles," is "A thing of beauty and a joy forever."

If one is able to see it, each tree has a color scheme of its own. Warm browns and cheerful grays; yellow and white birches; scarlet dogwood twigs; all shades of evergreens and light brown cones; and the blue berries of the juniper. All the colors appear warm in the winter—nature's fine balance.

In the country, the dearest gathering place for the family is around the fireplace, where the nuts and the jokes are cracked at the same time, the polished apples are eaten, and the corn is popped. Hurrah for the open hearth! Just grasp an end of the cross-cut saw and help to keep it supplied with logs, not for work but for play—and note the results.

## Infinite Powers Within Us

BERT HUFFMAN

Glen Doris Ranch, Langdan, Canada.

There is in each human being a portion of every great achievement. In every soul is a portion of the infinitely diversified genius of humankind. Flashes of this genius play across the minds of the lowest in the mental scale, at times, and its overpowering force is felt every hour, by those more refined.

While listening to a great pianist, have you not felt your very finger tips thrill, as they produced, silently, the identical strains of music? Have you not followed in exultation, the highest flights of oratory from a magnetic speaker? Did you not say and think what he said and thought? Did you not realize that you had already said and thought those beautiful things in your own soul hundreds of times? After all, was it not a part of your own un-

derstanding, a familiar fragment of your own experience?

In reading a great poem, has not your mind preceded the lines to grasp the meaning before your eye reached the words? Did you not realize that you were simply repeating something of your own secret experience? Did you not feel the poet's thrill in your own blood as you followed the printed lines? You had thought those same thoughts, framed those same glorious flights, but perhaps you had not given audible expression to them. But they were and are a part of your own soul, a portion of your infinite powers.

As you have watched a beautiful and delicate machine at work, has not your soul thrilled with an intimate and familiar knowledge of its beauty and

mechanism? Have you not recognized in its marvels, the very knowledge that has dimly struggled in your consciousness, years before? Have you not recognized a portion of your own life, expressed and projected into existence? It was nothing new to you. You simply recognized it as one of the mingled and wonderful secret experiences of your soul. Some one else had given it expression for you.

There is in every human life a fragment of every marvelous achievement, a hint of every discovery, a promise of every progress. In many of us these infinite powers slumber through life. In others they are partially awakened, and in others they climb to the highest eminence of activity and achievement.

We bemoan the fact that we do not "do things," that we cannot "achieve" as others achieve. If we but knew it, the same marvelous powers that have been developed by the greatest scientists, discoverers and authors, sleep unawares within our very souls.

Like Patou, the dog, in Rostand's exquisite drama, "Chantecler," we "are horrible mixtures, issue of every passer-by. I can hear barking within me the voice of every blood-retriever, mastiff, pointer, poodle, hound. My soul is a whole pack, sitting in a circle, musing. I am all dogs, I have been every dog."

Our deepest and most sacred duty in life is to discover, relize, recognize and develop to the utmost these infinite powers. These very powers establish our kinship, our oneness with the Great Source, and as we hope to make progress in this existence and in all other phases of existence, we must unfold our powers of ascension, we must give expression to our souls.

The desire to do things proves that the capacity to do those things is within us. We are awakened to the beauty and importance of achievement of the capacity for that achievement struggling in ourselves.

Every one of us may not desire to do the same thing. One may desire to be a good farmer, and thereby proves that the great spirit and art of civilization is sleeping within him. Another may desire to write. In that desire the great spirit of literature struggles for release. Another

may desire to paint pictures and in that desire all the sublime beauty and infinite wonder of this art leaps into being.

Because we desire to do common and homely things, is no sign that our ideals are debased. It is a splendid art to do any worthy thing well. But we should do something. The power to do everything is within us. We should develop some small portion of that power.

\* \* \*

In the Wichita and the Grand Canyon Game Refuges the Government has not left the matter of caring for game protection wholly to the States, but has established National reservations on which an attempt will be made to breed game. The Wichita is notable for the fact that it has a small herd of buffalo upon it, which the game warden regards as the apple of his eye. They were donated by the American Bison Society has shipped from the New York Zoological Garden in 1908. They then numbered 15, and have since been increased by the addition of 10 calves; two of the original herd, however, died in the first year. To the buffaloes are now added the antelope.

The antelope were shipped from Yellowstone Park, and have been liberated in one of the buffalo yards which had been prepared for them. They will be given more and better range as soon as a proper wire enclosure can be made. Two additional head are expected to follow the eight already received. Since the antelope, once so abundant on the plains, is in serious danger of entire extinction, this attempt to establish the species on the Wichita Game Preserve will be watched with interest by all who wish to see our native wild animals given a chance to perpetuate themselves, though surrounded by civilization.

\* \* \*

### *Time and the World and I.*

Time and the world and I together,  
 Traverse the whole wide realms of space;  
 Oh, 'tis a joy to fly with ever  
 Time and the world with her smiling face.

For ever the world is fair to me,  
 Joy ever gleams in her golden skies,  
 Comrade and lover, I to her,  
 I live in the light of her blue, fair eyes.

—Verne Dewitt Rowell, London, Ont.

# Stellar Science Department

## *Were You Born in Pisces?*

BY HENRY CLAY HODGES.

From February 18th to March 20th the sun was in the sign Pisces, and those born at this time will bear the following characteristics, modified or intensified by the positions of other planets in the natal chart:

This nature is most capable, perceptive, are wide-awake, memory retentive; with a restless, changeable disposition, not sufficiently self-assertive. If he essays great things of importance he either does not gain them or does not retain them. There may be at some time in life much unpopularity or hostility shown to the native, or he will have moments of considerable anxiety or depression. It threatens many obstacles in life. He is sociable, good humored, but easily influenced by others; sincere and religious, but may change religion. Children born in this sign must cultivate hope and cheerfulness.

These natives are apt to follow systematically those paths that present themselves to them in early life. Hence parents should see to it that their Pisces children have a good education and that congenial occupations are entered into at the time of choosing such, for so long as things will do they are apt to "put up" with them.

In disposition they are peculiarly affectionate, although it is cloaked under an appearance of indifference.

They have rare mechanical skill and if started right in life have great possibilities for acquiring wealth.

The different polarizations of the Moon in each nativity modify, intensify and vary, in some degree, the Sun's influence, as may be noted by the following:

The Sun still in Pisces and the Moon in Aries causes self-will, headstrong, hard to govern. They can be reasoned with but

will not be driven. These children should be restrained to habits of moderation. The Moon in Taurus gives external appearance of quiet, but internally active with strong feelings, intense love of nature. Moon in Gemini, love of knowledge, useful, mechanical.

Moon in Cancer, sensitive, having excessive industry, penurious, clear deductive mind. Moon in Leo, great vitality, high ideal of unity, studious and confiding. The Moon in Virgo gives the child a love for mathematical problems and obtruse subjects in general, clear, logical mind; fine intuitions relative to raising of children, makes good teachers and adds inspirational power. Inclined to be critical, they should be impressed with the importance of making their surroundings harmonious. Tendency to kidney trouble and dyspepsia.

Moon in Libra gives quiet, thoughtfulness, indisposition to take counsel from anyone, have mediumistic power, love changes and it is difficult for them to remain long in one environment.

Moon in Scorpio, selfish, pride of ability, sullen temper, tenacious supporters of established customs.

If the Moon is in Sagittarius, there is increased activity, restlessness, irritable, yet self-controlled. Moon in Capricorn gives decided business talent, inclined to entertain more business schemes than can be matured.

Moon in Aquarius turns the mind away from the home and counteracts the studious nature of Pisces. Gives bright, cheerful mind, makes friends readily; adapts to all kinds of mercantile life; their home is wherever they happen to be.

The Moon in Pisces increases the morbid anxiety of the nature. Their liabilities to disease arise from fear of it. Pisces people should cultivate hope and cheerfulness and the realization that there is nothing to fear in all God's Universe.

The science of Astrology does not teach salvation through and by the physical suffering or crucifixion of any individual—it shows something of the mighty plan sketched by the great architect of the universe—the whole of humanity is marching on in one mighty and glorious order towards a goal far beyond that which the finite mind can conceive of.

*Science and Key of Life.*

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### *Pisces, the Fishes That Swim in the Pure Sea.*

By DR. GEORGE W. CAREY.

*Teacher of Biochemistry.*

Most everybody knows that Pisces means fishes, but few there be that know the esoteric meaning of fish. Fish in Greek is Ichthys, which Greek scholars claim means "substance from the sea."

Jesus is derived from the Greek for fish. Mary, *mar*, means water, therefore we see how the Virgin Mary, pure sea, gives birth to Jesus, or fish. There are two things in the universe—Jesus and Virgin Mary—spirit and water. So much for the symbol or allegory.

From earth viewpoint we say that Sun enters the Zodiacal sign Pisces February 19th, and remains until March 21st. This position of the Sun at birth gives the native a kind, loving nature, industrious, methodical, logical and mathematical; sympathetic and kind to people in distress.

Pisces is represented by the feet and is a water sign. The governing planet of this sign is Jupiter. Some astrologers give the asteroids as affinities for the fishes. The gems are chrysolite and moonstone. The astral colors are white, pink, emerald-green and black.

In the alchemy of the Bible we find that the sixth son of Jacob, Naphtali, which means "wrestlings of God," symbols Pisces, for the Pisces natives worry and fret because they cannot do more for their friends or those in trouble.

The phosphate of iron is one of the cell-salts of human blood and tissue. This mineral has an affinity for oxygen which is carried into the circulation and diffused throughout the organism by the chemical force of this inorganic salt. The feet are the foundation of the body. Iron is the

foundation of blood. Most diseases of Pisces people commence with symptoms indicating a deficiency of iron molecules in the blood; hence it is inferred that those born between the dates February 19 and March 21 use more iron than do those born in other signs.

Iron is known as the magnetic mineral, due to the fact that it attracts oxygen. Pisces people possess great magnetic force in their hands and make the best magnetic healers.

Health depends upon a proper amount of iron phosphate molecules in the blood. When these oxygen carriers are deficient, the circulation is increased in order to conduct a sufficient amount of oxygen to the extremities—all parts of the body—with the diminished quantity of iron on hand. This increased motion of blood causes friction, the result of which is heat. Just why this heat is called fever is a conundrum; maybe because fever is from Latin *fevre*, "to boil out." But I fail to see any relevancy between a lack of phosphate of iron and "boiling out."

The phosphate of iron (ferrum phosphate), in order to be made available as a remedy for the blood, must be triturated according to the biochemic method with milk sugar up to the third or sixth potency in order that the mucus membrane absorbents may take it up and carry it into the blood. Iron in the cruder state, like the tincture, does not enter the circulation but passes off with the faeces and is often an injury to the intestinal mucus membrane.

Sickness or disease is generally caused by a lack of something instead of by something, and the physical troubles of the Pisces native is generally caused by a deficiency of the phosphate of iron molecules, the carriers of oxygen through the blood.

*Pasadena, Calif.*

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### *Lapping of the Signs and Ages.*

When they asked Jesus what would be the sign of his coming again, and of the end of the world—the Christian age—he bade two of his Disciples go down to the next village (city) and there would meet them a man with a pitcher of water in his hand. The sign of the Christian age has been Pisces, fishes, and the sign of

the age which follows it is Aquarius—the man with a pitcher of water in his hand. The sign of the Jewish age was Aries, Ram or Lamb. The signs and their ages lap. The Christian age began when Jesus was born, and the Jewish age ended with the destruction of Jerusalem. The world is now in the lap between the Christian age and the Koreshan age which follows it. Soon the only sign in the physical heavens will be Aquarius—the man with a pitcher of water in his hand, which Jesus said would be the sign that he would come again. Water, from its transparency, signifies science—the truth; and this is the time when the water-carrier—the man with the truths of the new age, is to come again, as did Jesus, in the beginning of that age, with the truths of the Christian dispensation.—O. F. L'Amoreaux in *The Flaming Sword*.

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*"Astrology Is No Respector of Persons."*

*"We Are Masters of Our Tomorrows."*

No earnest student of astrology could believe in divine favoritism. The belief that the God of the systems is wilful or capricious, dealing out joys or sorrows, just by accident or fancy, petting one of his children and chastising another, without any regard for moral worth or character—such a belief is galling. In such a being confidence would be impossible, and those who are privileged to study the evolutionary law feel that the great law of cause and effect is being demonstrated.

Astrology is no respector of persons. It regards one personality precisely as another, and notes the very smallest act in its complete account book; and when the time arrives for settlement, either today or tomorrow, here and now, or in the next expression of life, pays each debt, and with exact and scrupulous fidelity as each birth figure proves.

This law realized and its workings partly discerned, it acquits providence, calms all resentment and discontent, and indicates justice. Thus it is for each one to feel all his endeavors to lead a nobler life stimulated by this knowledge and wisdom. An old proverb from the Hitopatestia reads thus:

"Look, the clay dries into iron, but the potter moulds the clay. Destiny today is master; man was master yesterday." Thus we are masters of our tomorrows, however much we are hampered today by the results of our yesterdays.

Let the student impress this firmly upon his mind.—master of our tomorrows. The mould of the figure is practically in our hands today. The quality of our next expression does not arise from chance or from superior will, but from the effect of new causes we are generating in the present. The responsibility and power are ours alone. He then, who desires a better horoscope must better his present natal figure.

Seek to overcome this stellar ruling of an evil nature now; note the faults which mar the life, the sloth, passions, discontent, rashness, thoughtlessness, covetousness, hatred, etc., and seek to overcome these habits of the past; or, in other words, seek to help on evolution by co-operating with the law. Try and realize the natal figure and set the will to make the best of it, and improve self. Instead of saying within, "Why should I suffer?" say rather, "What have I done unwisely in the past that I find myself in such a condition in the present?"

Above all the other faults of the lower nature, and yet embracing all, is selfishness, the love of personal desire as against the rights, privileges and happiness of brother men and women; for it must be kept in mind, the unity to which all are tending in this evolutionary unfolding. It is a truth that he who desires a happier and better future must begin by making happier the lives of others now. That is, respect their rights; consult their feelings; extend their knowledge, generously sacrificing self, that others may benefit and live in the joys of reality.

It has been said, "Ignorance is bliss; 'tis folly to be wise," but there must be an awakening. Zoroaster said that he who loses his life shall find it, and astrology proves this, for it teaches that as we mould our character in the grace and beauty of true manliness and womanliness, we are forming our future horoscope; for that new birth-figure is to fit the nature formed in this. And the stu-



dent of astrology who sees his present as the product or result of his past self, and who foresees that his future will be the product of his present; who believes in the law of perfect justice ruling the world; who desires to have a better rebirth in the next expression of life, with less of pain and more gladness of heart than this present figure has given him—will seek in generous service to follow man, and an earnest endeavor to purify self and the lower nature to earn a better future. He trusts a law that cannot break, a force that cannot fail.

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### *The Outlook for March, 1911.*

By **FREDERICK WHITE,**

President National Astrological Society of the  
United States, also Editor of the Adept,  
Crystal Bay, Minn.

The New Moon for March occurs on the 28th of February at 6:31 p. m., Chicago time, or one hour earlier Washington time. The Full of the Moon on March 14th, at 6 p. m., Chicago time. At the time of the New Moon, the Sun is applying to a trine aspect of Jupiter, with Jupiter in close trine aspect to Neptune. This aspect favors general business affairs, is an indication of considerable confidence among the business people, and a good indication for the common people in a business way and in regard to employment. I look for the month to be a generally satisfactory one for the business as well as the common people. The month is favorable for the starting of new affairs, making important changes and a period when the judgment of the average person will be quite good. The health indications should be better than the average. The New Moon occurs in the 6th house and, being well aspected to Jupiter, favors health conditions. The weather also looks to be quite favorable considering the time of the year, probably somewhat changeable, and at times the usual March weather, but much of the wind of March should have been here in February, and March should quiet down a little. However, the indications do not favor an early spring. You will be disappointed if you start your farming too early. The stock and cereal markets will

have quite a little strength off and on. I consider that it is safer to be looking for advances than to expect radical breaks in the markets. Those who speculate should be cautious about risking the "short" side, although the indications do not favor very much advances, the first two weeks being the most favorable time for strength in the markets.

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### *The Days for March, 1911.*

1 March 1st—Moon trine with Neptune at noon; is good; travel, change, buy.

2d—Moon conjunction with Venus at 2 p. m.; very good; ask favors, push affairs.

3d—No close aspects; a good day, but looks quiet.

4th—Bad aspects of Saturn and Uranus; be careful, avoid risks, sell.

5th—Moon opposite Jupiter; active and changeable; avoid risks.

6th—Moon trine with Uranus at 2 p. m.; generally good; push affairs.

7th—Moon square to Sun; is uncertain, changeable; avoid changes.

8th—No close aspects; is dull and rather quiet, but may be good.

9th—Moon square with Venus at 2 p. m.; generally good, but avoid extravagance.

10th—Moon opposite Uranus 6 p. m.; deceiving, uncertain; avoid risks.

11th—Sun trine with Neptune; is quiet, but a good day for general affairs.

12th—No close aspects; is a quiet but good Sunday.

13th—No close aspects; is quiet but generally good.

14th—Full Moon 6 p. m.; good aspect of Moon and Neptune at 10 a. m.; is a good day generally, push affairs, buy.

15th—Good aspect of Mars and Moon 9 a. m.; generally favorable.

16th—Moon square to Neptune; deceiving, changeable; be careful.

17th—Moon square with Uranus at noon; deceiving, changeable; avoid risks.

18th—Good aspect of Moon and Jupiter in p. m.; is active and fortunate.

19th—Good aspect of Moon and Uranus in p. m.; is good for Sunday affairs.

20th—Good aspect of Mars and Moon at 1 p. m.; generally good; push affairs.



21st—A quiet day; uncertain; wait till better indications.

22d—Good aspect of Moon and Venus 10 a. m.; generally fortunate.

23d—Good aspect of Moon and Jupiter 8 p. m.; active and generally good.

24th—Moon applying to bad aspects; be careful and avoid risks.

25th—Moon square to Saturn 2 p. m.; avoid all risks and changes.

26th—Moon square to Jupiter; favors Sunday affairs.

27th—No close aspects, and should be a quiet day.

28th—Good aspect of Moon and Jupiter at noon; active, fortunate; buy.

29th—Moon sextile to Uranus 2 p. m.; is fortunate for all affairs.

30th—New moon; not good for starting new affairs; wait.

31st—Moon square to Uranus 7 p. m.; is deceiving and uncertain; changeable.

FREDERICK WHITE.

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BROOKLYN, N. Y., Jan. 19th, 1911.

HENRY CLAY HODGES,

Detroit, Mich.

My Dear Sir: No doubt Bro. Stevenson has acquainted you with the fact that the First Temple and College of Astrology was instituted in Brooklyn, N. Y., Sunday even-

ing, Jan. 15th, 7:45 p. m., at the residence of Bro. Thos. J. Hovell, and we had great success in our first send off. Bro. Stevenson has suggested that I write you for some literature to circulate in this section. I might suggest that if you have some back numbers of STELLAR RAY, etc., you might send them.

Inclosed you will find a list of the officers elected:

J. L. McCollough, Pres.

Dr. Chas. Mildenberger, Vice-Pres.

T. J. Hovell, Sec.

Wm. B. Halsey, Asst. Sec.

Prof. J. C. Alfred Bostwick, Treas.

Prof. W. H. Roberts, Sergeant-at-Arms.

*Trustees*—The Rev. A. Z. Stevenson, J. L. McCollough, T. J. Hovell, Mr. Chas. Mildenberger.

*Ladies' Auxiliary Committee*—Mrs. M. E. Martin, Mrs. Carter Woods, Mrs. A. Stevenson.

*Honorary Members*—Rev. A. Stevenson and Mrs. A. Stevenson.

Meeting closed in due form by Prof. J. L. McCollough, with prayer. Later on we will notify you of the installation of officers.

Yours fraternally,

THOS. J. HOVELL,  
Secretary.

84 S. 10th St., Brooklyn, N. Y.

## Fixed Signs

BY STUART ARMOUR

In a series of lectures by "Zuriel," published in 1835, there is an interesting discussion of the power of planets when they happen to be in common, cardinal or fixed signs at birth, and as the book is now out of print it may be of interest to astrological students to read what he said of planets in fixed signs.

"My opinion is, that remarkable configurations of the Planetary Orbs in fixed Signs at the time of birth confer on the minds of those individuals subject to their power, ability, and inclination to study, and to persevere in undertakings; therefore, planets in signs of that description give the most durable intellectual faculties. I find even the planets Saturn and

Mars so situated, are not unfavorable, although the qualities thus developed are frequently not of the most pleasing cast; and it is of the highest importance in all Nativities that the planet Mars should, at birth, be posited in a fixed sign for the period of life over which he presides, viz., from 35 to 50 years of age as the most active period, and it materially depends upon the radical position of that planet whether the results of those years will be favorable or not; (testimonies acting in accordance with the radical position of that orb at birth likewise considered).

"The Lunar Orb should also be placed in a fixed sign, and if forming a Trine or Sextile Aspect to the Solar Orb the better,

as it then indicates an harmonious foundation.

"The planet Mercury is fortunately placed when in a fixed sign, as he confers a good understanding, and a retention of memory, particularly beneficial, as well as convenient to its possessors. Of all the fixed signs Aquarius seems to be the best; planets in that sign confer a scientific turn of mind on persons subject to the power of planets so situated; it is of a nature less abrupt, especially when planets posited therein are favorably aspected by others from the signs Gemini or Libra.

"The next in power appears to be the sign Leo, and planets in that sign generally indicate high spirits and minds, and when favorably aspected by others, they confer much nobleness of nature, but, generally speaking, are not so studious or perseveringly inclined.

"The fixed sign Scorpio follows next, and I have every reason to believe the planet Jupiter is more favorably placed in that sign than any other planet. The remaining fixed sign Taurus is, in my opinion, the least prominent, and the superior planets when placed therein produce effects less forcible than in the others, and a lower grade of intellectual powers are indicated."

It is refreshing to read one writer who does not put the much abused and misrepresented sign Scorpio as representing all the evil of the zodiac. Zuriel gives numerous examples from charts of English celebrities of his day but these I omit, giving some I think will be of more interest to Americans.

Bacon, Lord Verulam, the progenitor of modern science had Sun and Mercury in Aquarius and Uranus in Scorpio, and Thomas A. Edison with Sun, Mercury and Neptune in Aquarius seem to confirm the author's remarks on "planets in that sign confer a scientific turn of mind." It is interesting to remember that Bacon worked at mechanical inventions also.

President Taft has five planets in fixed signs, Jupiter and Uranus in Taurus and Venus, Mars and Moon in Leo. Secretary of State Knox has Sun, Uranus, Saturn, Venus and possibly Moon in Taurus. Theodore Roosevelt has only three planets

in fixed signs, Sun and Mercury in Scorpio and Saturn in Leo.

The Mikado has Sun and Jupiter in Scorpio and Uranus and Saturn in Taurus.

Grand Duchess Olga, daughter of the Czar, born St. Petersburg, 9 p. m., November 15th, 1895, has the remarkable number of seven planets in fixed signs, Jupiter in Leo and six in Scorpio and with a fixed sign rising. She certainly did not inherit this from her father because he has only one planet in a fixed sign. This is an exceedingly interesting chart with Leo rising and such a strong Scorpio influence in the Fourth House suggests a reformer later on in life on some subject not popular with the "powers that be," perhaps religion, for in spite of the bad name of Scorpio it often indicates a religious nature using the term "religious" in its broadest sense.

Martin Luther had Leo rising with a strong Scorpio influence in the 4th and he did not attempt his reformation work until late in life.

A man named George Muller, born at Kroppenstaedt, near Halberstadt, Prussia, on the 27th of September, 1805, is another example of the peculiar religious tendencies of Scorpio. Star Lore has this to say: "As there were four planets—Venus, Mars, Neptune, and the Moon—in Scorpio at his birth, it is no wonder that Mr. Muller was rather 'wild' in his youth, and he acknowledged some delinquencies indicative at that time of unfitness for a sacred calling. As the Moon applied to conjunction with Jupiter in Sagittarius his better and religious nature overcame at length his weaknesses, and in August, 1826, he began preaching. He came to London in March, 1829. In twenty years, 1837-56, without applying to anyone personally for subscriptions, the sum of eighty-four thousand pounds was given to him for his Orphanage at Bristol 'as the result of prayer to God.' His Orphanage continued its useful existence down to the date of his death, and he supported numerous foreign and home missionaries, and circulated vast numbers of Bibles and religious tracts—all this was effected without a shilling of endowment, without a committee, and without organization, by funds received from

all parts of the world." It would be very interesting to know the birth hour so that the rising sign might be ascertained of this man's horoscope for the facts above quoted are too well known in England to be controverted.

King Haakon of Norway has strong Leo influence with five planets in that fixed sign in his eighth house. Napoleon had four planets in fixed signs, Jupiter in Scorpio, Sun and Mercury in Leo, Uranus in Taurus. A strong Leo influence seems to promise elevation in rank—rising higher than the sphere one is born in.

Men with many planets in fixed signs, naturally, are firm and tenacious in their purposes, but I think this firmness can to some extent be differentiated. Aquarius people can sometimes be swerved by an appeal to their conventional side, which is

strong—an appeal to "what the world will say,"—for they are loyal to their class in life and have a strong dislike of doing anything to disqualify them from association with their social equals.

Leo's firmness often turns to mush when his heart is touched or delicate flattery administered. The inflexibility of Taurus is likely to degenerate into unreasoning obstinacy under pressure, while Scorpio, more diplomatic, will apparently yield only to seize a more favorable position than he held before.

Furthermore, men of fixed signs seem to prosper better when the times are stormy and the passage rough. Invariably in times of great national stress you find men like General Grant come to the surface to do the actual fighting. He had Saturn, Sun, and Jupiter in Taurus and Mars in Leo.

## Psychic Research

The following letter is a communication from Hasdrubal, the father of Clytina, who lived 152 years B. C. Clytina relates her marvelous experiences in the work "2000 Years In Celestial Life," which is the most interesting and instructive book published upon the life beyond the physical.

November 30, 1897.

MY DEAR FRIEND:

I wish to come to you once again in accordance with my promise, to impart to you an idea of the conditions existing at the time when I inhabited the mortal form. The conditions of that time and today are far different.

I came to Athens at the age of twenty-five, 152 B. C. A Carthaginian by birth, I was naturally interested in both the stoical and peripatetic philosophies. I came to Athens in order to place myself in a position to improve my education upon these matters.

Carneades was then chief representative, and it was very gratifying to me to find in him a teacher that was in harmony with me. I studied under Carneades for some time. It was about this time that many different factions began to come into existence, but for the most part the effect was to equalize the two philosophies in harmony; though we soon discovered

that this was a hopeless task, and Carneades, who had given a vast amount of thought to the Platonic doctrine, called my attention to Natural Laws, upon which it was based.

For some time we carried on our investigations in a private way, but as far as coming en rapport with disembodied intelligences, our progress was very slow, and we had almost given up, when we decided to bring others into our confidence and try to form different conditions; as we soon learned that while some were receptive to the conditions, others were not, and as Carneades had noticed that his daughter Thesda possessed a very sensitive organism, we decided to have her join us in our investigations. The results, which came at first, were not marked, only an entranced condition was produced, but they finally merged into very interesting phenomena of a psychical nature. Then we decided to have Thesda's mother and L. Censorinus', wife and daughter, join

us in our meetings. Telesda, the daughter of L. Censorinus, afterwards my wife, developed into a remarkable psychic, being able to see and hear intelligences from the spirit world, which came and manifested their presence, giving evidence of immortal life.

We all became enthusiastic upon the subject, for we were convinced beyond a doubt, of the genuineness of the phenomena, though not being able to understand the conditions fully at that time.

We invited in a friend of Carneades, a very intelligent man, Lucillius, who had written much of interest upon the philosophy of the day. We should have better prepared our friend for the results, as we discovered later, for Telesda, who had at this time become my wife, 149 B. C., was too frail to undergo the severe tests to which we subjected her for the sake of demonstrating to Lucillius the truth we had found. This proved too much of a strain, and we were forced to cease our meetings for the time being. At the same time it was noised about that we were

thus engaged, and this caused quite a commotion; therefore, we ceased our efforts altogether for the time, as we realized only too well how impossible it was for us to overcome the prejudice existing among the masses.

We sat at intervals, however, with Thesda, and in time, when my own Clytina came to be a grand instrument in the hands of those individualities who have been striving from time immemorial to demonstrate the way of life through her mediumship. Lucillius was convinced beyond a doubt, and wrote many books tinged with the truth, but few understood. I had also written much upon the subject, hoping to attract the attention of the people to the truth. It was successful in a measure, but it seems it was not to be continued, but was only to serve as a stepping stone for others to work upon.

Well, my friend, I feel that I have about exhausted the force but I wish to thank you for this privilege. I shall do my utmost to promulgate the truth. Command me,  
HASDRUBAL.

The following letter is one of many similar communications received by Mr. O. A. Jenks, a member of Real Estate Board of Brokers of New York City.

These letters are written independently with a marvelous rapidity far beyond the power of the physical hand to accomplish. No hands touch the paper and twenty-five pages are closely written in long hand in from six to ten minutes.

MY DEAR ONE:

There are people forever harping on the decadence of things, of manners, of customs, of the world in general: as if decay were not essential to all progress, to all renewal. It nurtures the seed and sustains the plant. The decadence of the Institution is indeed the main hope of Society. One says the cherries are not so large as when he was a boy. Ah, friend, 'tis not the cherry, but you, that falls short. The cherry renews with the spring, but you know no renewal. The gusto, the appetite, the optimism of boyhood has long forsaken you. Your barren eyes see a barren earth; your dwindling hope—your waning faith sees all things dwindle and wane. And so the cherries are not so large as once, nor manners so good, nor maids so fair, nor friends so true! Come, renew; and the old world will renew with

thee—cherries shall be as luscious as of old and all things good with a new goodness. Still others lament the decline in the influence of the classics.

What, then, is classic save Truth, and for that matter the sun, and the wind, and the rain? These do not decline. Truth is ever new. The ancients had their day! Shall we not have ours? What, then, is the desideratum? Not to absorb the classics, surely, but to create the classic. And if in our deference to the musty Past we create no new classic, it is the tendency to Good that shall carry us out of the fatal miasma of the Past and give us health and vigor to build anew.

It is this process that calls forth the lament. In the Arabian Nights tale they who looked back were turned to stone. It must have been true in life then as it is today, and illustrations are never wanting. China

has kept her moral and intellectual eyes on her classic past, and she has turned to stone; her neck is twisted so she can no longer see ahead, but only backward.

Observe now that the tendency to Good in the name of Progress is almost to break the ossified neck and reset the head, that the eyes may once more look forward. Doubtless greed and avarice will be in evidence, but they can do no more than retard—they can never prevent.

Foremost of lamentations is over the supposed decadence of Religion. There is a wailing 'round about the crumbling walls of a creed that has served its day: much as

certain of the Hebrews' wail before those few stones—all that are left of the ancient walls of Jerusalem. A sorry spectacle, these faithful Hebrews, with their antique garb, their drooping curls, beating their venerable breasts and wringing their hands for a day that is gone—waiting and watching for the impossible and the inexpedient. For the day that is gone will never return—neither for Jew nor Gentile. The tendency to Good bids us welcome the revision of creeds and the "higher criticism," bids us open our arms to the heretic and the liberal, one and all, as the heralds of the dawn of Religion.

I greet you.

TOM PAINE.

### *The Women of India.*

BY ROSE REINHARDT ONSHON.

The Indian woman, be she of high or low caste, rich or poor, is essentially feminine and mediative, to say nothing of a grace that is suggestive of the early Roman and Greek goddesses. The carriage of her head is held high on a strong, round neck and slender sloping shoulders and a back straight as a palm. The swing from the hips gives a bold outstepping, and indefinable wild grace that bespeaks that freedom of bodily action so rarely seen in her Western sisters. Her shyness and modesty never makes her awkward. A self-possession and entire absence of self-consciousness surrounds her like a halo. She may not be able to understand what you say and, maybe, unable to make you understand what she says, but her unfailing courtesy and reverend training in the family community, which is usually a large one, keeps her from ever being at a disadvantage in a huge congregation of strangers, whether they be of her own land or an alien one.

The Indian lady is soft-voiced, and whether she talks in her own or a strange tongue, her voice is calm and steady in tone. She is thoughtful, modest in speech, and if the conversation does not begin with a word of religion you may be sure it will end with it. But usually with women as with men, no matter what sub-

ject you touch upon, you may be sure it will take a religious turn sooner or later. If you talk of their ornaments they hasten to tell you that gold is the metal that God loves, hence it is spiritual and brings merit to the wearer. If you admire the quality of the flowing silk that is worn, they will tell you the Gods love silk, especially that kind that is not procured by the death of the little silk worm. If you are struck by the color of a sari they will quite reverently inform you that blue is beloved of the Lord Krishna, yellow by the Goddess Radha, purple by Lakshmi, the Goddess of Wealth and Welfare, and white by Saraswati, the gracious Goddess of Wisdom and Learning. And so it is in all things, great and small; they see reason, an object, a merit in the wearing.—*East and West.*

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### *Admiral Togo.*

Togo is a dog of unusual intelligence, owned by Dr. Charles E. Jenkins, of Lynn, Massachusetts. He is very fond of his master's horse, Billy, and enjoys riding. Whenever the Doctor 'phones the stable for the horse, Togo immediately goes to the door ready for a ride. The Doctor may call up any number on the 'phone and Togo pays no attention whatever, but the moment he gives the stable number Togo starts for the outer door.

Even though he may be sleeping soundly he always knows and hears this number.

When riding he never allows the Doctor to use the whip on Billy. If he is even touched with it Togo barks loudly. He accompanies the Doctor to the hospital and is a general favorite with the physicians and nurses. Not long since he was sitting by the window in the office waiting for the Doctor, and watching the horse. In some way it happened that Billy fell down. Immediately Togo jumped from his seat and ran barking to the matron, then back again to the window until he made her understand the trouble and call the Doctor. A happier dog one never saw than was Togo as he ran about the horse, encouraging the men who were assisting the Doctor to get him up on his feet.

Frequently Togo accompanies his master on business and professional trips. It happened that one cold morning in January the Doctor had to take a trip to New Hampshire. The night before, as he was preparing to go, his daughter asked if he was to take Togo. The Doctor replied, "No, I think it too cold. He would certainly need his blanket if he went." Nothing more was said about it. The family

were astir very early next morning helping the Doctor off. Togo seemed to feel very much disappointed and evidently decided to make one more attempt to persuade his master to take him. He went to the bed-room, took his blanket from beside the radiator and placed it near the dining-room door where the family were at breakfast. Then after a moment's pause he took it in his mouth once more, went into the office, and placed it over the Doctor's satchel which stood packed upon his desk. Togo can always tell the satchel which his master carries to New Hampshire. Very soon the Doctor came into the office and, seeing what Togo had done, said: "Well, Togo, if you wish to go as much as that you shall." And he went.

So well does Togo seem to understand English that he always gets what he is sent for, whether it be the Doctor's medicine case, satchel, rubbers, or a package. He also tells the Doctor's patients whether his master is in his office or not. If there he pays no attention whatever, but if the Doctor is out he barks loudly as if to say: "The Doctor is not in—it will be of no use for you to stop longer."—*Our Dumb Animals*.

## Department of Psychical Sciences and Unfoldment

By J. C. F. GRUMBINE, D. D.

Fellow of the Society of Sciences, Letters and Arts, London, Eng.

The spirit is omnipresent. Geographically and physically a body can be in one place only at a time. But the etherial body, that which lies secreted within the physical and is superior to it, which permeates and enfolds it, can float away from its material moorings, transcend and free itself from its corporeal limitations and in the fourth dimension occupy many places at the same time. But the spirit, that indefinable essence or quintessence, as the ancient alchemists designated it, is so ubiquitous and volatile that it is nowhere in particular and yet everywhere in general.

We instance the ghost in Hamlet, who as Hamlet removed from one place to another reappeared instantly, and answered

his oaths, much to his fear, surprise and satisfaction. The particular is only a point of manifestation as the body is only a space limitation which is fixed by the laws of matter, but space and time as defined by spirit sweep away all earthly conceptions of things as phenomenally situated. Here in Los Angeles we look at the same sky and stars, the same old earth, although covered with a different flora, fauna and soil, that we have east, but our spirit, in form of consciousness, is in the east and west, in fact, goes wherever we will it or albeit, wherever it is attracted.

How sweet and serviceable that law of spirit is. No mileage book, or through ticket or Pullman or divers other means



are necessary to carry the spirit freely to its destination. Time cards and locomotives are superfluous. I think or feel and I am east or west, or wherever I please! Not so the body. It holds back the spirit and the spirit pulls at it as a kite its tail, so binding the body like lead or unyielding as a stubborn mule. And the more the animal soul is attached to its earthly body and environment, the harder is it for the spirit to free itself from these personal and material entanglements.

It behooves the sane, intelligent person, whose mind may be touched or impressed

by what is here written, to remember that just as he neglects to master bodily or sense impulses and propensities, will the spirit be in darkness and bondage and will it fail to attain nirvana.

Omnipresence is a fact as well as a law of consciousness, and what is termed omniscience is less an attribute of some merely super-terrestrial being called God, as it is the potential attribute of every conscious human being. To be wise is our prerogative in consciousness of spirit; to be all wise or omniscient is to be conscious of the universal spirit in the eternal life that is now.

## The Swastika For Success



## Success Club All Seekers

### March Affirmation—I am Close to God.

"God is close to you," is the message sent you Feb. 15th all day long. Did you get it? We wish the members would show more interest in experimenting with Telepathy. We can become so expert that we can talk in this way, when we know how. It is no more unreasonable than the wireless.

Won't you all try on March 15th to get our message? Go into the Silence any hour that suits you and be still and let it come to you.

Here is what Elizabeth Towne says: "Nobody is closer to God than you are. Nobody is dearer to God than you are. Nobody has more of a corner on God than you have. See that nobody has greater faith in the God within him than you have. Trust no authority but the authority of your own heart and mind, which is the heart and mind of God. Only one is your master, the one within you." Do you understand these words? What do they mean to you? She says so many good things, here is another: "Every grownup should make a serious business of saving money for the unexpected opportunity which is ever cropping up. And every child should be taught this while he

is yet a child." Are you doing this? "If you want to succeed in the world you must make your own opportunities as you go on." You can only make them by saving and being ready for them. A few years ago a great many new thought people seemed to get the idea that they must not save or invest, that they must treat for money to come to them easier than to others. Helen Wilmans once said that no matter what else, she always held a strong mental thought for money and she surely did attract it to her. But there is such a thing as desiring it too strongly and attracting more than our share and bringing trouble with it. "Mine own will come to me." "If we save the pennies the dollars will take care of themselves" is an old saying. If we see where a dollar or a penny can do more good than in our pocket, it ought to come out at once. If sent on its mission freely, it will surely come back and bring more with it.

Member 1006 has asked for special help from the Club to regain her position. If the members are sending daily success thoughts for all the others, your help ought to reach her before you read this. She is going through some experiences that make life look dark to her, but she

does not lose faith in the Club for she asks our help. It is often darkest just before dawn. Every trouble that comes to us brings us some lessons to learn. If we learn them we escape many pitfalls.

Member 1189 says: "Will all of the Club pray for me? My husband passed away last July; had to leave my home and live with my children; 'am not happy. My eyesight is very poor; am quite deaf. What to go to my own home. Will still think that I can go." This seems to us a very sad condition, when a woman brings up a family and cannot be happy with them. But it is generally the case. There is no home like our very own. God grant her prayer. The promise of a *retreat* for members in old age was the greatest attraction the A. W. League held out in the first plans. May it soon be ready for the many who are waiting. All in it would be on the same footing and not on charity. More attention is being given now to the Correspondence Courses, as they are helpful to a greater number. Did you see that offer of Membership in the League for 50 subscriptions to STELLAR RAY? It may be too late soon, as the price of membership was raised to \$100 Feb. 1st. So write today if you want a place we saved in the Founder's Chapter. (See STELLAR RAY, December, 1910.)

No. 1194 needs your health thoughts and 1171 wants help in her business. Now, friends, join us with your strongest *Success* thoughts this month. Especially for oil. Every indication is for it to be found at 2200 feet. We will give one

share for every \$2 worth of subscriptions for STELLAR RAY, or \$3 worth for other magazines, sent us before the price is raised, as it will be soon. You get your money's worth in subs. and every share may bring you \$100 or more.

And if you are not a member of this Club and want *Success*, unite with us now. We need you, not your money. Here is *Success* and *Happiness* to all.

SWASTICA SUCCESS CLUB,  
Manassas, Va.

No. 1095 has lost sense of taste and smell. She asks the help of all members to recover it.

\* \* \*

### *Oil Has Lately Been Struck in Virginia.*

Drilling the well here has been slow and expensive on account of water. Casing has been put in and expert drillers engaged to double the force. The Consulting Engineer has had much experience in many Oil Districts and assures us they are half way to the oil. We are very glad you still have an opportunity to come in with us. We have arranged for League members to exchange their Subscription Certificates for stock, instead of taking magazines. If it succeeds every dollar will bring you \$100; if it fails, you have your League Membership.

A member of the Swastika Success Club is raising rare *Gladiolus* bulbs for market. We will give two to anyone sending us a subscriber for STELLAR RAY by March 15, with \$1 or \$1.50 for Life Membership and STELLAR RAY.

S. S. CLUB,  
Manassas, Va.

## Books and Periodicals

### MISCELLANEOUS REVIEW

#### *A Plea for Purity.*

*Four Epochs of Life.*

By ELIZABETH HAMILTON-MUNCIE,  
M. D., PH. M.

With Introductions by Rev. J. F. Carson,  
D. D., and Royal S. Copeland, M. D.

*Partial Table of Contents*—Prenatal influences. Laws of Heredity. A talk to mothers. First lesson in sexology. Questions and answers. What all girls should

know. Anatomy of the sexual system. The approach to womanhood. The need for caution. Men and women libertines. The science of parenthood. Over-working the pubescent child. Results of marrying immoral men. Impurity in the Grammar School. Results of ignorance. Physical causes of moral degeneracy. Fathers and sons. False teaching on sex questions. Sexual crimes. American Society of Sanitary and Moral Prophylaxis. The medical

profession and sexual promiscuity. Social diseases. The "White Slave" traffic. Sexuality and sensuality. Conserving creative force. Woman's privileges and possibilities. Sad results of impurity. Ideals of Boyhood. Self-pollution. Venereal diseases. Effects of alcohol and tobacco. Medical supervision in the schools. Surgical operations and morality. Prevention better than cure. This book is recommended by the Secretary of the Diocesan Sunday School Commission, Diocesan House, New York. Cloth, \$1.50 net. Greaves Publishing Company, 154-158 Nassau Street, New York City.

\* \* \*

### *Spiritual Housekeeping.*

*A Study in Concentration in the Busy Life.*

By ANNIE REX MILITZ.

This book is a most practical demonstration of how the so-called homely routine duties of every day life may become interesting and enjoyable. It tells how one young woman who had nearly two hundred chairs to dust each day caused the work to become alive with interest to her and ceased to be merely mechanical. Workers in factories and piece-workers can mentally go forth into the world with every piece they handle with kind, uplifting thoughts which will not return unto them void. "All sense of being a machine passes away with

the incoming of the rich Spirit that gives real value to all work." Each day of the week, with all the routine of housekeeping, is treated in an inspiring, helpful manner. Neatly bound in green with white lettering. 90 pages. Published by the Absolute Press, New York. For sale by STELLAR RAY Book Dept. Price 50c.

\* \* \*

To be well one has only to think wholeness thoroughly and soundly. This is a scientific possibility, because the mind molds the body, establishes the integrity of its parts and members both independently and as a whole, maintains or changes its conditions, and holds absolute sway over its activities. No other or different agency whatever has any power to overthrow it.

Mind literally is autocrat of its own domain. Only knowledge is required that success shall attend every effort.—*Leander Edmund Whipple.*

From God's marvelous atmosphere I inhale those qualities which cause pure blood to flow through my veins giving me perfect health.

\* \* \*

### *Music.*

Music is poetry, in language divine,  
But to be perfect, needs expression and time.  
—*Estella Buhlinger.*

### *Domestic Dept.*

I am very glad to see the interest in this Department growing. Mrs. Butterfield's letter is fine. We hope others will try her way of raising sweet peas. I use Mrs. Mantor's plan when I cannot get snow to sweep with. I will shake hands with you on the "Soup Bone." I make much use of them. The first day I boil the bone, I add rice and thicken it. The next day I add all the vegetables I can get to what is left. If I do not have them, I add just milk and have a nice soup. Then I hash the meat for gravy. A 10c soup bone will supply my family two days, and leave some meat for the hens. I always clean my fruit jars carefully, and am glad to know about putting paper in them to take up the moisture. If acid

fruit or tomatoes have been in them I put a little soda in them. I have never lost a can of tomatoes in which I cooked a little soda. I hope to see more letters. Make them short, so we leave room for others.

M. BARCLAY.

\* \* \*

### *Raising Early Broilers.*

"The up-to-date broiler plant consists of an incubator cellar, a nursery, or brooder-house, as it is usually called, and a broiler-house," says Kate V. Saint-Maur in *Woman's Home Companion* for February. "Both the latter are divided into small pens, about two feet wide and five feet long. In the nursery-house, the top ends of the pens are inclosed like boxes to the depth of about a foot and a half, and have hot-water pipes running through them to

furnish heat for the chicks to brood under. A flannel curtain cut into strips falls from the top of the inclosed part to divide it from the rest of the pen, which runs down to the outer wall of the house, where a large window lets in light and sun. The pens should have board floors slightly elevated above the main floor, to avoid dampness, and the divisions are made with a foot-board about nine inches high, and one-inch netting two feet high above that. The brooder house is divided in the same way, but the hot-water pipes only run around the walls of the house, as the birds don't need the immediate heat to brood under, after they leave the nursery, when they are five or six weeks old.

"But, until you can afford the proper equipment, one or two incubators can be run in the cellar of the house or an unused room where there is no other heat. Individual brooders can be used in place of the nursery or brooder-house, if you have any light outbuilding to stand them in. In fact, I like the individual brooders better for the nursery period than the pipe-house system, because it is only necessary to heat as many as are needed, and with the pipe system the entire house has to be heated, even if you are only going to use one section."



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We now have a care that our neighbors cheat us not; by and by we shall have a care that we cheat not our neighbors—and then will be the millennium.—Emerson.

\* \* \*

### Bo Back to the Land.

Go back to the land, all ye homeless,

Ye hungry and idle, go back,  
The land is the only safe refuge.

It will yield you whatever you lack.

You say "There's no land to go to,

Every acre is owned by the few,"

What right have the few to absorb it?

Are the few any better than you?

Go back to the land, get your portion,

Demand equal rights to the earth.

This planet was placed here for all men,

Regardless of race, creed or birth.

Your food and your raiment and shelter.

All come from her bountiful store,

Your body itself is drawn from her.

And returns when this brief life is o'er.

Go back to the land, to your mother,

If you value your physical life.

These titles on parchment are worthless.

They are founded on fraud and on strife.

Every child that is sent here inherits.

On like terms, all bounties of God.

To deny to the least one his portion,

Is tempting His merciful rod.

—John W. Evans.

If heaven has not begun for you already, it is idle for you to be looking forward to some future day in some distant place when it will begin. And the discontent, the unrest, the envy, the jealousy, the bitterness, the groveling mind, the perverse will, the unsocial temper—if these are your present experiences, they have only to continue and become chronic to make a hell more dread than Milton ever painted.  
—Washington Gladden.

\* \* \*

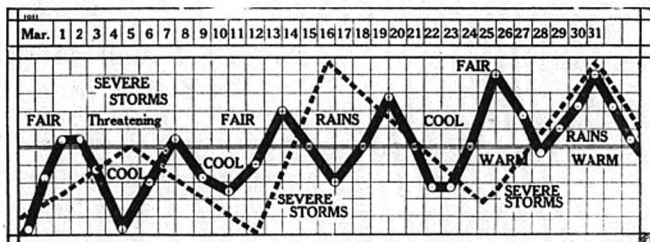
### Thy Best.

Thy best may be small,  
But why hesitate,  
However small it may be?  
Thy effort is needed,  
Thy best is recorded,  
Throughout all eternity.

—Estella Buhlinger.

## LONG RANGE WEATHER FORECAST

Mr. W. T. Foster is said to have remarkable ability as a meteorologist, and his predictions wonderfully accurate. We trust they will be both interesting and helpful to Stellar Ray readers. -Editor.



March will be warmer and drier than usual in Southern States, colder than usual and very wet in Northern States, colder than usual in Canada. Wet in Canada east of meridian 90 and west of Rockies, dry in middle west Canada. Severe weather March 3 to 5, 13 to 18, 27 to 29. Periods of sunspots, seismic disturbances, sudden storms near March 3 and 27.

In above chart the treble line represents normal temperatures and rainfall. The heavy line with round white spots is temperature forecasts. Where it goes above treble line temperatures are expected to be higher. Where it goes below treble line temperatures will be lower. The broken zigzag line is rainfall forecast. As it goes higher indicates greater probability of rain and where it goes lower the reverse. Dates are for meridian 90. Count one or two days earlier for west of that line and as much for east of it, because weather features move from west to east.

## FOSTER'S WEATHER MAP



Broken lines separate map into 8 weather districts named North Pacific Slope, South Pacific Slope, Northwest, Southwest, Lake, Southeast, Northeast and Washington. Address Foster's Weather Bureau, Washington, D. C.



### Supernormal Development.

This is the age of aeroplanes flying in the air in a heavier than air machine is a fact. So is the greatest fact of all facts *spirit communication*. Our so-called dead are alive, and as Sir Oliver Lodge wrote in Harper's Monthly, "They are working like Trojans to make us hear and see them, and some of us can?"

Why not learn how in your own home, and so be comforted by loving messages from your spirit-loved ones. J. C. F. Grumbine is an expert in supernormal psychology and is able to teach you. Send now for full list of circulars, delineation of your powers and book list, enclosing stamp addressed envelope. Address J. C. F. Grumbine, Back Bay Post Office, Boston, Mass.

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## Planetary Daily Guide For All For 1911

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"I don't know, ma'am," giggled Johnny, squirming around on one foot; "I'm so awfully ticklish I never could count 'em."

—M. L. Hayward in *Woman's Home Companion* for February.

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Just say there is a suspicion of oil wells on the planet Venus, and Deacon Rockefeller will endow a telescope powerful enough to locate them.—*Atlanta Constitution*.

\* \* \*

## Sure Enough, Which?

Little four-year-old Robert, like many other boys of his age, liked to ask questions. So when the first downy chicks came in the spring and his mother saw him studying them most intently, she knew something was coming. And it did, for presently he turned to his mother and asked, "Mamma, are chickens' legs hind legs or front legs?"—*M. B. Denison in Woman's Home Companion for February*.

\* \* \*

Give me the money that has been spent in war and I will clothe every man, woman, and child in an attire of which kings and queens would be proud. I will build a schoolhouse in every valley over the whole earth. I will crown every hillside with a place of worship consecrated to the gospel of peace.—*Charles Sumner*.

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### Bad Men's Families.

The cruel wrong of locking up the bread winner of the family because he can not pay a fine, or of taking all the money the family can raise in case the fine is paid, has just been illustrated in St. Louis. Death of the man soon after his return from the workhouse has revealed the absolute destitution of the wife—not a crumb to eat or a coal to burn, and scarcely a stick of furniture in the house. The reason for the fine and imprisonment is immaterial, although in this case it was abuse of the wife. The material point is that the fining or imprisoning of the father and husband always falls the most severely upon the children and wife in its consequences.

Neither the vindication of the majesty of the law nor the protection of society requires the perpetration by legal process of so grievous a wrong. The old plan of whipping wifebeaters and then sending them home to behave and support their families was more fruitful of good, but it is idle to talk of restoring it. The whipping post has gone for good from our penal system. Payment of wages to persons sent to jail, and requiring them to work at some suitable occupation to earn

the money, is the remedy for the evil. Such wages should be paid to the dependent ones and not to the prisoner, except when there are no dependent ones, and then they should constitute a fund to give him a new start in life when he is discharged. Fining a man whose family needs every dollar he can earn, or its members can earn, is an illogical and absurd oppression of the innocent poor and should be abandoned. In seeking to punish the guilty we should be careful not to punish the innocent more.—*The Women's National Daily.*

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